



TRANSPORTE Y
TURISMO
Panamá

Catalogue 2023

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TRANSPORTE Y **TURISMO** *Panamá*

Tour operator agency with more than 10 years of experience

**Our services are private, both
for tours and for transfer services.**

ATP certified company

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Tours



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Recommendations

Bring: camera, mosquito repellent, closed shoes, and **in** rainy season a raincoat





Pipeline trail

Slightly steep trail of approximately 2.8 Miles, is located at more than 5249 ft. It is the habitat of the quetzal and other species of birds characteristic of the cloud forest.

Another attraction of this place is the ancient Cenizo and the waterfall at the end of the road.

Schedule: 8:00 am / 1:00 pm

Duration: 3 hours

Ages: 8-75 years

Minimum 2 paxs

Included: Entrance fee, transportation, bilingual guide and snacks



The lost waterfalls

Trail that requires a good physical condition, delimited by the mine brook from which 3 majestic waterfalls are formed.

In the second you can swim or dare to explore the cave behind the waterfall.

Schedule: 8:00 am / 1:00 pm Ages: 12-75 years

Duration: 3 hours Minimum 2 paxs

Included: Entrance fee, transportation, bilingual guide and snacks



Quetzal Trail

The maximum elevation of this route is 8218 ft. You need a good physical condition for this hike. You have the option of doing the half trail from Boquete or the full trail from Cerro Punta to Boquete.

Schedule: 6:00 am
Duration: 6-8 hours

Ages: 12-75 years
Minimum 2 paxs

Included: Entrance fee, transportation, bilingual guide and snacks



Il Pianista Trail

Trail of moderate difficulty that crosses the Cordillera Central, in the part higher we have a picturesque view 360 ° of the mountains and valleys

Schedule: 8:00 am

Ages: 15-75 years

Duration: 6 hours

Minimum 2 paxs

Included: Entrance fee, transportation, bilingual guide and snacks



Baru Volcano

Steep route that demands a lot of effort to travel 8.4 Miles. The reward awaits at the top, a 360° view from the highest point of Panamá from where you can see both oceans.

Schedule: 4:00 am / 11:30 pm Ages: 5-75 years
Duration: 6 hours Minimum 2 paxs

Included: transportation, bilingual guide, breakfast at the top, a hot beverage and water.



Birdwatching Tour

Panama is a paradise for bird watching lovers, with more than 900 endemic species. Boquete with its cloud forest is part of the habitat of the majestic Quetzal.

Schedule: 7:00 am / 1:00 pm

Duration: 3 hours

Ages: 15-75 years

Minimum: 2 paxs

**Included: Entrance fee, transportation,
bilingual guide and snacks**

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Ceriana Farm

Beautiful agrotourism reserve, located in Volcan, in it we can take a walk through its trails and its coffee plantation, you will have a 180 panoramic view from the observation platform, you will see in a traditional mill how the juice is extracted from the sugar cane

Schedule: 7:00 am
Duration: 9 hours

Ages: 8-75 years
Minimum 2 paxs

Included: Entrance fee, transportation, bilingual guide, lunch and snacks.

Coffee Tour

Boquete is n area of volcanic soil and climate suitable for coffee production, We visit a small farm in which in a traditional way you can learn the entire production process from picking the fruits to packaging

Schedule: 9:00 am / 1:00 pm

Ages: 15-75 years

Duration: 3 hours

Minimum 2 paxs

**Included: Entrance fee, transportation,
bilingual guide and snacks**

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Horseback Ridding

Dosile animals will take you on a quiet and fascinating tour where you will have a panoramic view of the Boquete Valley and its thundering Volcan Baru

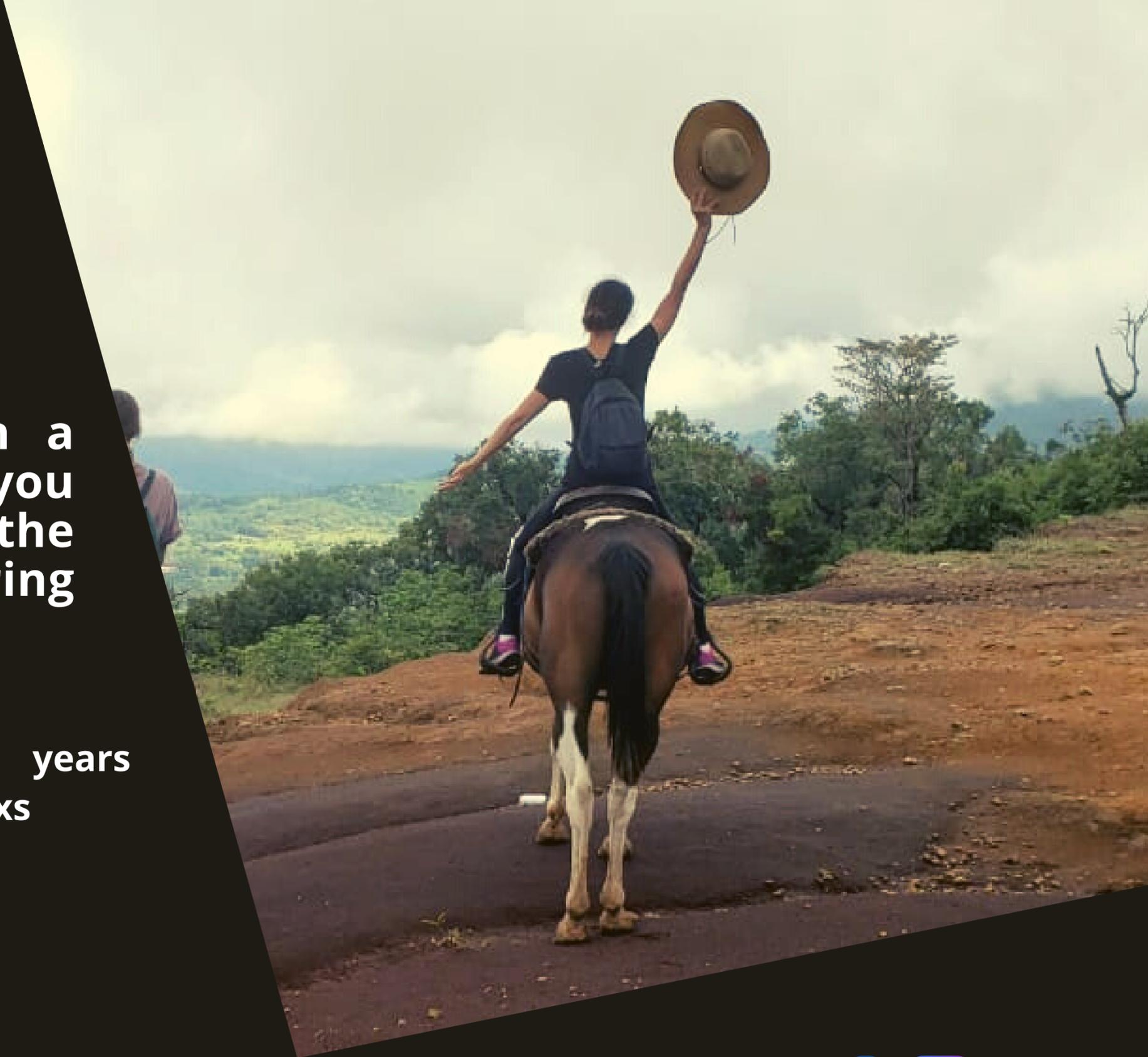
Schedule: 9:00 am / 1:00 pm Ages: 5 - 65 years

Duration: 3 hours Minimum 2 paxs

**Included: Entrance fee, transportation,
bilingual guide, helmet and snacks**

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Hot springs

Located within a private estate where you will be surrounded by farm animals, while they relax in a pool of thermal water of volcanic origin. The water temperature varies between 39 °C to 49 °C

Schedule: 8:00 am / 1:00 pm

Ages: 8-55 years

Duration: 3 hours

Minimum 2 paxs

Included: Entrance fee, transportation, bilingual guide, and snacks



Mini Canyon

Turquoise water river that crosses the rock formation in the form of a mini canyon, in which you can have a bit of adrenaline jumping from the top and you can try to climb its walls or simply swim calmly.

Schedule: 7:00
am Duration: 9
hours

Ages: 8-75 years
Minimum 2
paxs

**Included: Entrance fee, transportation,
bilingual guide, and snacks.**

Whale Watching

Between the months of July to November, these majestic marine giants visit the waters of the Gulf of Chiriquí where they can see them swimming with their young and spend the rest of the day on the Isla Bolaños beach, with white sand and turquoise water. A whole paradise!

Schedule: 7:00 am

Duration: 10 hours

Ages: 5 - 65

years Minimum

4 paxs

Included: transportation, bilingual guide, lunch and drinks





Kayak

Sea kayaking in the mangroves

Have you ever wondered what a mangrove looks like?
Come and explore this incredible place rich in wildlife!
Enjoy kayaking through the canals discovering hidden beaches!.

Schedule: 8:00 am
Duration: 6 hours
Ages: 10 - 65 years
Minimum 4 paxs

Maximum weight 180 pounds

Included: Entrance fee, transportation, bilingual guide, lunch and snacks.



Snorkeling

The **Gulf of Chiriquí National Marine Park**, with **14,740** hectares, serves as a refuge for the leatherback turtle and many exotic fish that make snorkeling an adventure exciting and colorful. We start our tour in a covered motorboat, when we arrive at our island there will be time to relax in the hammocks overlooking the sandy beach white and crystal clear water before getting ready to dive in these magical islands.

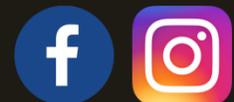
Included: transportation, lunch, bilingual guide, speedboat and snorkel gear

Schedule: 8:00 am
Duration: 8 hours

Ages: 10 - 65 years
Minimum 4 paxs

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Honey & Bee Tour

This tour will take you to a fascinating Caterpillar laboratory where you can observe the cycle life of some species commonly found in Panama. Will leave with a new and different perspective on the nature and importance of bees in the life of man. Miel Boqueteña offers a tasting of more than 10 different flavors of honey!

Schedule: 9:00 am / 2:00 pm

Ages: 8 - 65 years

Duration: 3 hours

Minimum 2 paxs

Included: transportation and bilingual guide.



Tea tour

Only tea garden in Panama!

More than a mysterious bag, it is history, culture, travel and ceremony... A new world to explore!

We want to enter the vast world of this millenary drink, consumed more than 5,000 years ago; We will know its origin, process and production. Culminating with a tasting of the 4 teas Classics: White Tea, Green Tea, Oolong and Black Tea.

Schedule: 1:00 pm

Duration: 3 hours

Ages: 8 - 65 years

Minimun 2 paxs

Included: transportation, bilingual guide

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Rum Tour

Multisensory experience which will allow you to educate your palate to enjoy quality flavors.

Characteristic, type of distillation, alcohol content, place of origin, bouquet, body, quality control, color, presentation, time and aging process of the rum.

Pairing (Extra Light Rum, Light Rum, Aged Rum and Golden Cask).

Schedule: 1:00 pm

Duration: 3 hours

Ages: +18 years

Minimum 2 paxs

Included: transportation, bilingual guide



Hangings Bridges

Enjoy from a different perspective the biodiversity of the tropical cloud forest of Panama. It is a circuit of 6 suspension bridges of 2.8 miles of route over the treetops. The tour takes place within a private forest reserve, located in the Cordillera de Talamanca bordering the La Amistad International Park (P.I.L.A.). You will be accompanied by a local guide, who will help you learn about the exuberant flora and fauna of our forests in their natural habitat.

**Included: transportation -
bilingual guide**

**Schedule: 8:00 am / 10:00 am / 1:00
pm Duration: 3 hours**

**Ages: 8- 65 years
Minimum 2 paxs**

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Zipline Tour

Glide over the crowns of ancient trees, rivers and waterfalls; admire the most incredible collection of natural landscapes that border La Amistad International Park and the famous Barú Volcano.

2.8 Miles long divided into 12 cables.

Schedule: 8:00 am / 10:00 am / 1:00 pm

Duration: 3 hours

Ages: 5 - 65 years

Minimum 2 paxs

Included: transportation, bilingual guide, zipline gear.

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